

# The Deese Center

*Week of Monday April 29, 2024*

<b>MONDAY</b>	
Lunch	<b>Hawaiian Chicken</b> Sweet and sour chicken   onion   bell pepper   celery   steamed jasmine rice   plantains   steamed mixed vegetable
Grill Special	<b>Grilled Cheese</b>
Dinner	<b>Cajun Shrimp</b> Crispy fried shrimp   fried okra   steamed white rice   collard greens   corn bread
Soup	<b>Tomato Soup</b>
<b>TUESDAY</b>	
Lunch	<b>Oven Roasted Turkey</b> Baked turkey breast   mashed potatoes   giblet gravy   steamed green beans
Grill Special	<b>Pizza! Pizza! Pizza!</b> Cheese   pepperoni   ham   veggie
Dinner	<b>Steak Stir Fry</b> Grilled flank steak   onion   bell pepper   carrots   ginger   soy   steamed white rice   peas and carrots
Soup	<b>Chicken Wild Rice</b>
<b>WEDNESDAY</b>	
Lunch	<b>Baja Fish Tacos</b> Grilled mahi mahi   crispy cod filet   soft tortilla   Monterey jack   lettuce   tomatoes   sour cream   guacamole   pineapple salsa   yellow rice   pinto beans
Grill Special	<b>Grilled Cheese</b>
Dinner	<b>Build Your Own Pasta Bowl</b>   ziti pasta   spaghetti   marinara   alfredo   meatballs   grilled chicken   steamed broccoli   garlic bread
Soup	<b>Tomato Soup</b>
<b>THURSDAY</b>	
Lunch	<b>Pork Milanese</b> Pork cutlet   steamed white rice   red beans   roasted squash   blend chef cut   sweet corn bread
Grill Special	<b>Chicken Tenders</b> French fries
Dinner	<b>Bacon Cheeseburger</b> Prime beef patty   white bun   american cheese   lettuce   tomato   onion   pickle   macaroni and cheese   French fries
Soup	<b>Chefs Choice</b>
<b>FRIDAY</b>	
Lunch	<b>Nacho Bar</b> Tortilla chips   seasoned ground beef   shredded chicken   shredded cheddar   salsa   sour cream   guacamole   black olives   tomatoes   jalapenos   refried beans   rotel
Grill Special	<b>Pizza! Pizza! Pizza!</b> Cheese   pepperoni   ham   veggie
Dinner	<b>Ramen Bowl</b> Rice noodles   chicken broth   miso broth   fried chicken   shrimp   bacon   nori   mushrooms   peas   kimchi   scallions   marinated hardboiled egg
Soup	<b>Chefs Choice</b>
<b>LIGHT FIT</b>	<b>Quinoa Tabouleh</b> Quinoa   tomato   cucumber   parsley   mint   onion   lime   olive oil

**PLEASE INFORM YOUR SERVER IF YOU HAVE ANY ALLERGIES**